

Imperial County

Name	Phone Number and Address	Website	Service
American Cancer Society: Empowered to Quit	800-227-2345 400 S 8Th St El Centro, CA 92243	https://www.cancer.org/cancer/risk-prevention/tobacco/empowered-to-quit.html	Email-based program to help smokers quit.
American Lung Association: Lung Helpline and Tobacco Quitline	1-800-586-4872 press 2	https://www.lung.org/help-support/lung-helpline-and-tobacco-quitline	Helpline and messaging service that provides services in quitting smoking in all its forms, connects with support groups and local resources, and more.
Asian Smokers' Quitline	Cantonese/ Mandarin: 1-800-838-8927 Korean: 1-800-556-5564 Vietnamese: 1-800-778-8440	https://www.asiansmokersquitline.org/	Offers telephone counseling, self-help free

			materials, nicotine patches, and online help for Asian individuals.
Aten Dental Group	760-355-4444 508 W Aten Rd, Imperial, CA 92251	N/A	Oral hygiene care education and services.
Coalition for a Tobacco-Free Imperial County	442-265-1476 935 Broadway St. El Centro, CA 92243	https://www.tobaccofreeic.com/	Offers information, referrals for assistance, and self-help materials.
EX	Online	https://www.becomeanex.org/	Offers a web-based community along with cessation services such as, online chatting with a coach and support tools.

<p>Imperial County Behavioral Health</p>	<p>Mon-Fri 8 am-5pm: 442-265-1525 24 Hour: 1-800-817-5292 202 N. 8th Street, El Centro, CA 92243</p>	<p>https://bhs.imperialcounty.org/</p>	<p>Offers early intervention services, outpatient treatment services, intensive outpatient treatment services, recovery services, care coordination, and clinician consultation.</p>
<p>Imperial County Behavioral Health: Smoke Free Learning Center</p>	<p>Mon-Fri 8 am-5pm: 442- 265-1525 24 Hour: 1-800-817-5292 202 N. 8th Street, El Centro, CA 92243</p>	<p>https://mentalhealth.networkofcare.org/imperial/HealthLibrary/LearningCenters/smokefree</p>	<p>Offers referrals and self-help materials.</p>
<p>Imperial County Public Health Department: Tobacco Education Project</p>	<p>442- 265 -1362 935 Broadway St El Centro, CA 92243</p>	<p>https://www.icphd.org/health-information-and-resources/health-wellness/tobacco</p>	<p>Offers information, referrals, and self-help materials.</p>

<p>Imperial Valley Dental Practice</p>	<p>760-353-7670 1503 N. Imperial Ave Suite 204 El Centro, CA 92243</p>	<p>https://www.myivdental.com/home</p>	<p>Offers oral health care education and services.</p>
<p>Innecare: Substance Abuse Program</p>	<p>760-352-2257 852 East Danenberg Drive El Centro, CA 92243</p>	<p>https://innercare.org/</p>	<p>Offers relapse prevention therapy, harm reduction therapy, dual diagnosis treatment for medical psychiatric & addiction problems, screening, brief intervention & referral to treatment, and more</p>

<p>KICK IT California</p>	<p>English: 1-800-300-8086 Spanish: 1-800-600-8191</p>	<p>https://www.kickitca.org/</p>	<p>Offers personal quit plans, app support texting, and counseling with cessation professionals.</p>
<p>My Quit</p>	<p>N/A</p>	<p>https://www.quit.com/join-myquit.html</p>	<p>Email support program based on where a smoker is in their quit journey. Offers ongoing guidance, tips and inspiration, and information</p>
<p>National Cancer Institute: Live Help</p>	<p>Online</p>	<p>https://livehelp.cancer.gov/app/chat/chat_launch</p>	<p>24/7 live chat providing support for quitting.</p>

Nicotine Anonymous	1-877-879-6422	https://www.nicotine-anonymous.org/	Offers group support and recovery treatment.
PAVE	Online	https://www.parentsagainstvaping.org/	Provides quitting resources, information, and tools.
Quit Assist	Online	https://www.quitassist.com/	Offers cessation resources, such as quit lines and mobile apps.
Randal Miles, D.D.S.	760-352-1371 333 S. 8th St, El Centro, CA 92243	https://randalmilesdds.com/index.html	Offers oral health care education and services.
Smokefree Teen	N/A	https://teen.smokefree.gov/	Provides cessation resources for teenagers,

			such as web-based counseling and support tools and information.
Smokefree Women	N/A	https://women.smokefree.gov/	Provides cessation resources for women, such as web-based counseling and support tools and information. Pregnant and postpartum services are available as well.
Smokefree VET	N/A	https://veterans.smokefree.gov/	Provides cessation resources for veterans, such as web-based counseling and support tools and information.

Western Dental & Orthodontics	(760) 679-5048 1450 N. Imperial Ave El Centro, CA 92243	WesternDental.com	Offers oral health care education and services.